



Smart and Health Ageing
through **People Engaging** in
supportive **Systems**



S H A P E S

AAA ISO AGEING SOCIETIES LEADERS FORUM

1st of February 2022

SHAPES – Pan European Pilot Campaign

Presenter: Dr. Sonja Grigoleit, Lead, SHAPES European Pilot projects
(Fraunhofer INT)



Digital tools to combat loneliness?

LONELINESS KILLS

Published on January 21, 2022

**CULTIVATING
NEIGHBOURHOODS
THAT CARE**



S H A P E S

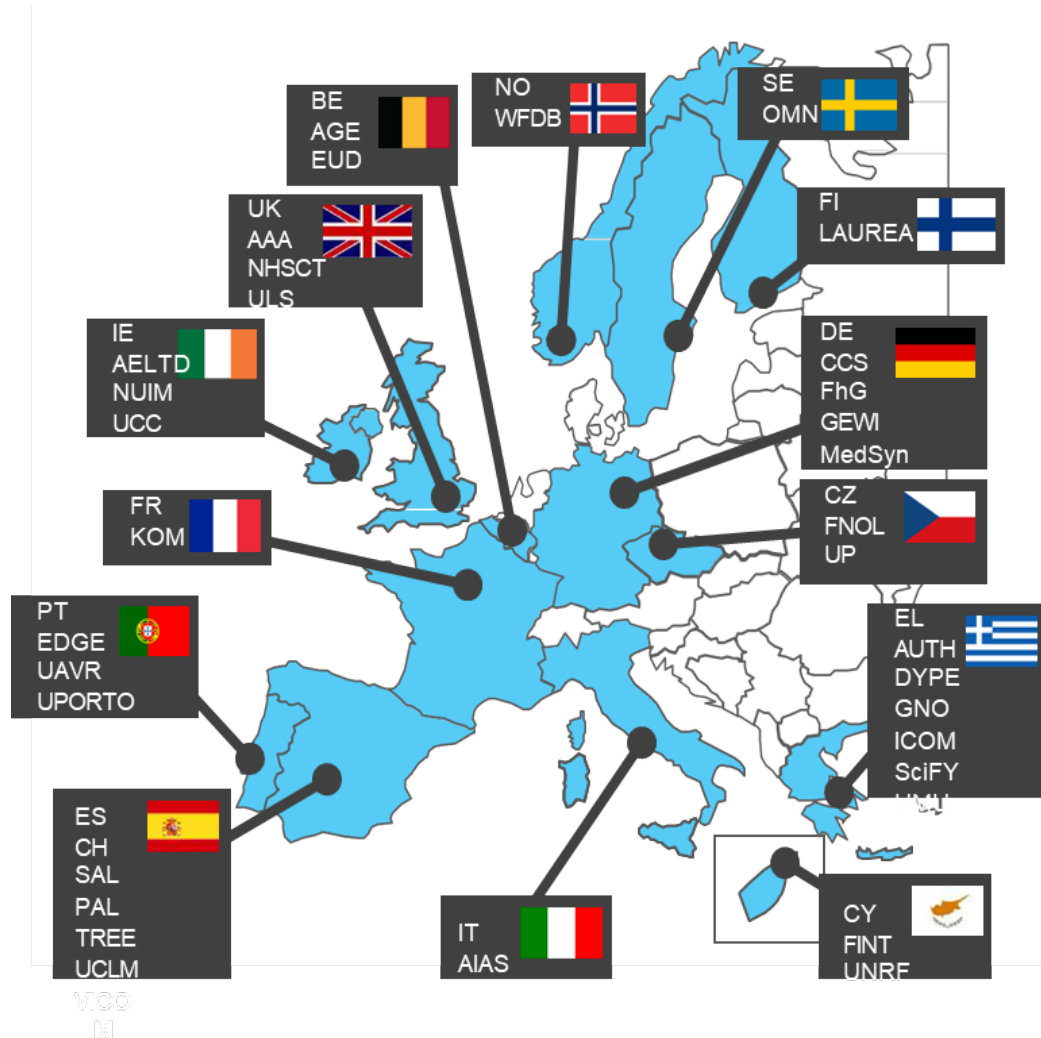


Photo by [Tara Winstead](#) / [Pexels](#)

This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 857159



At a glance: Horizon 2020 Project SHAPES



Smart & Healthy Ageing through People Engaging in Supportive Systems (SHAPES)

- **36 Partner from 14 countries**
- **Budget:** 20.9 million Euro
- **From Nov. 2019 to Oct. 2023**
- **Coordination:** Universität Maynooth, Ireland
- <https://shapes2020.eu/>



SHAPES Use case: Supporting the interaction of the individual with the community



Meet neighbours



Sports



Music



Museum



Digital tools to stay healthy?



SHAPES



Photos by Anna Shvets and by Tim Mossholder & Cottonbro at Pexels

This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 857159



SHAPES Use case: Supporting multi-morbid older patients



Predictive algorithms for heart failure decompensation.

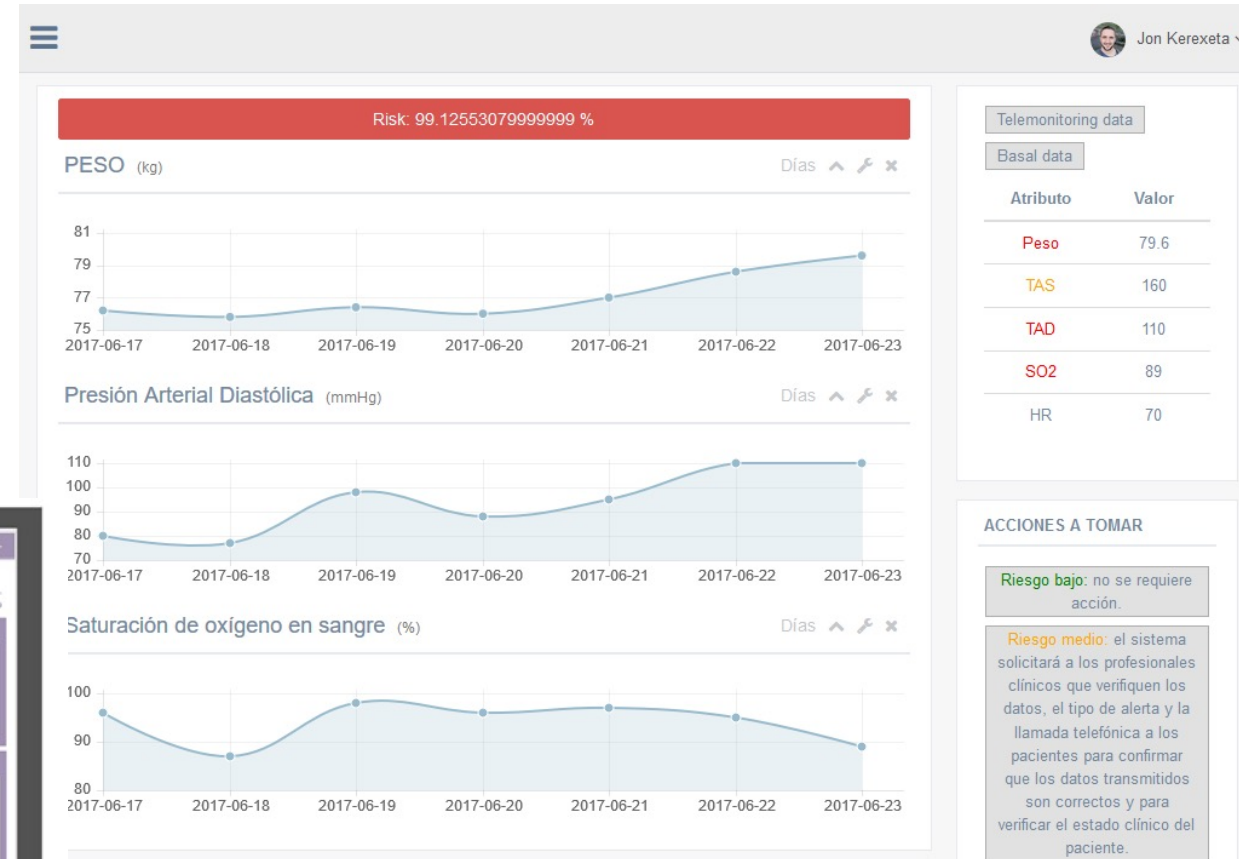
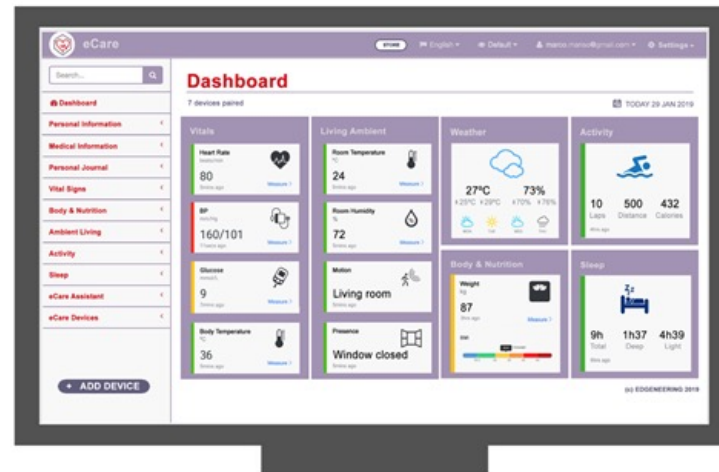


Device (Vitals):

Temperature,
Blood Pressure,
Heart Rate
Glucose
Sensor

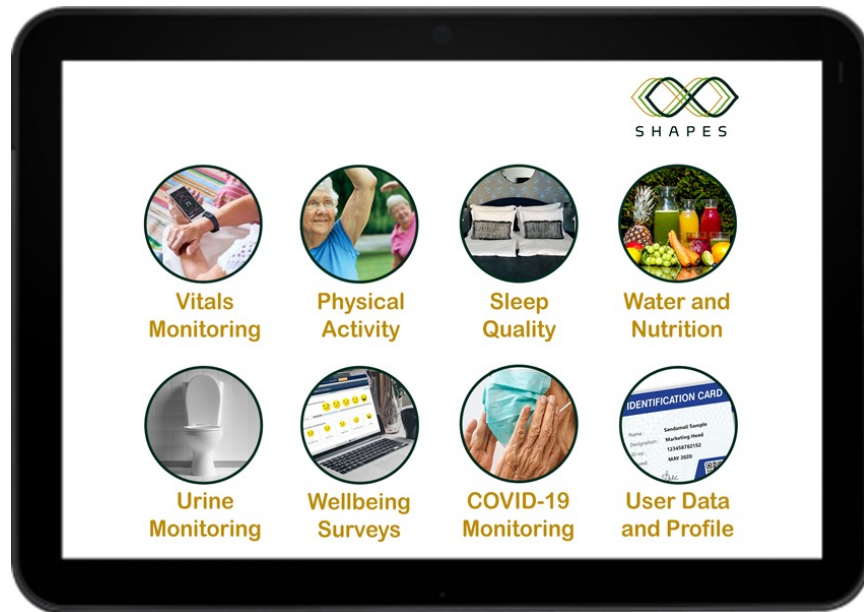
Wearable:
Activity tracker,
Heart rate,
Sleep Tracker

Appliance:
Body Weight, BMI,
Fat Mass,
Muscle Mass

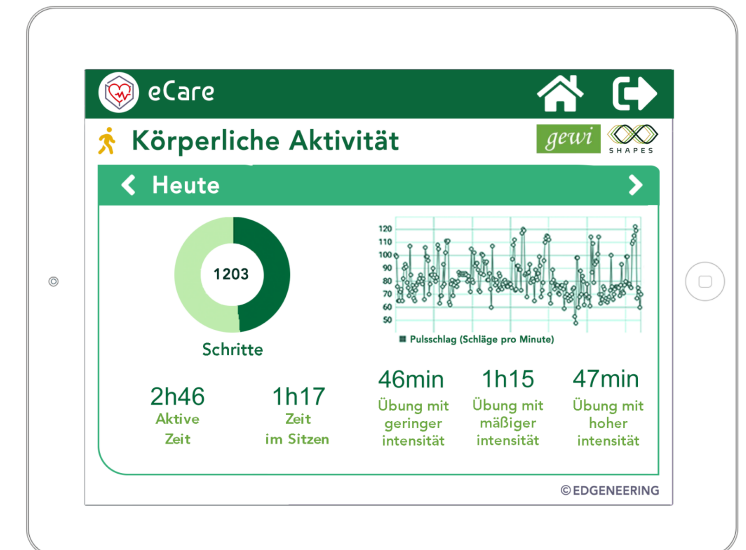
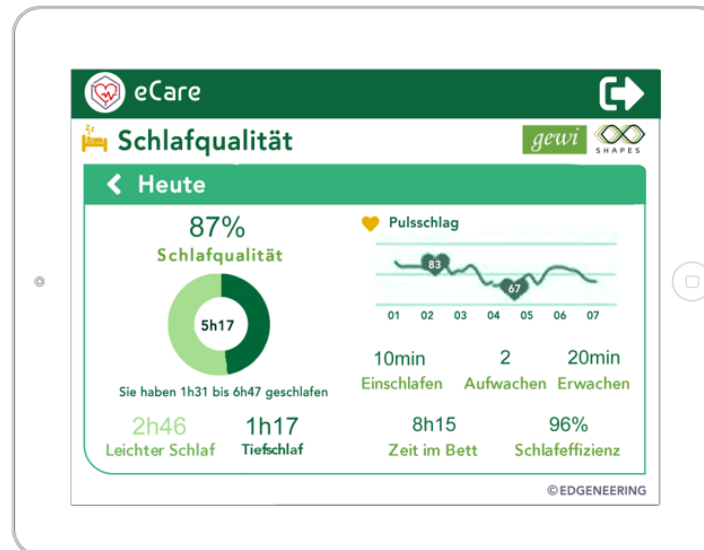
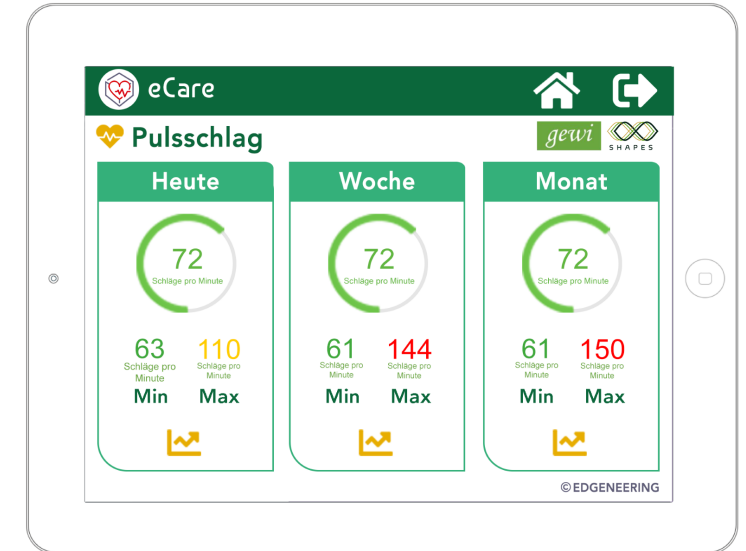
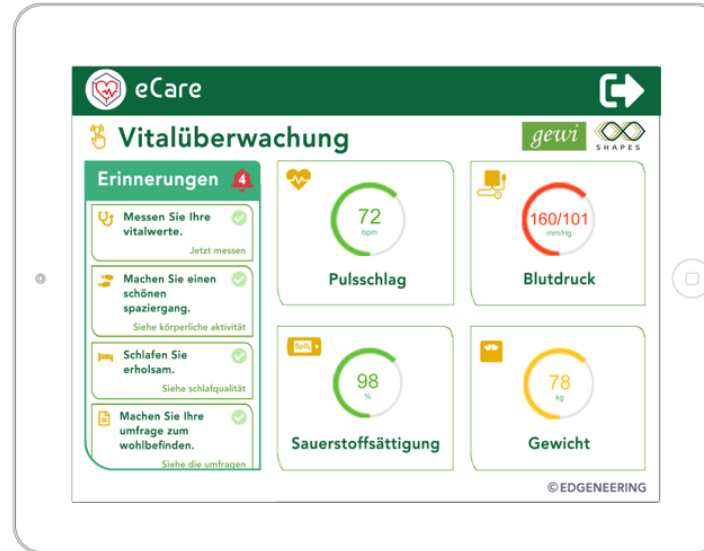




SHAPES Use Case: Remote monitoring of key health parameters

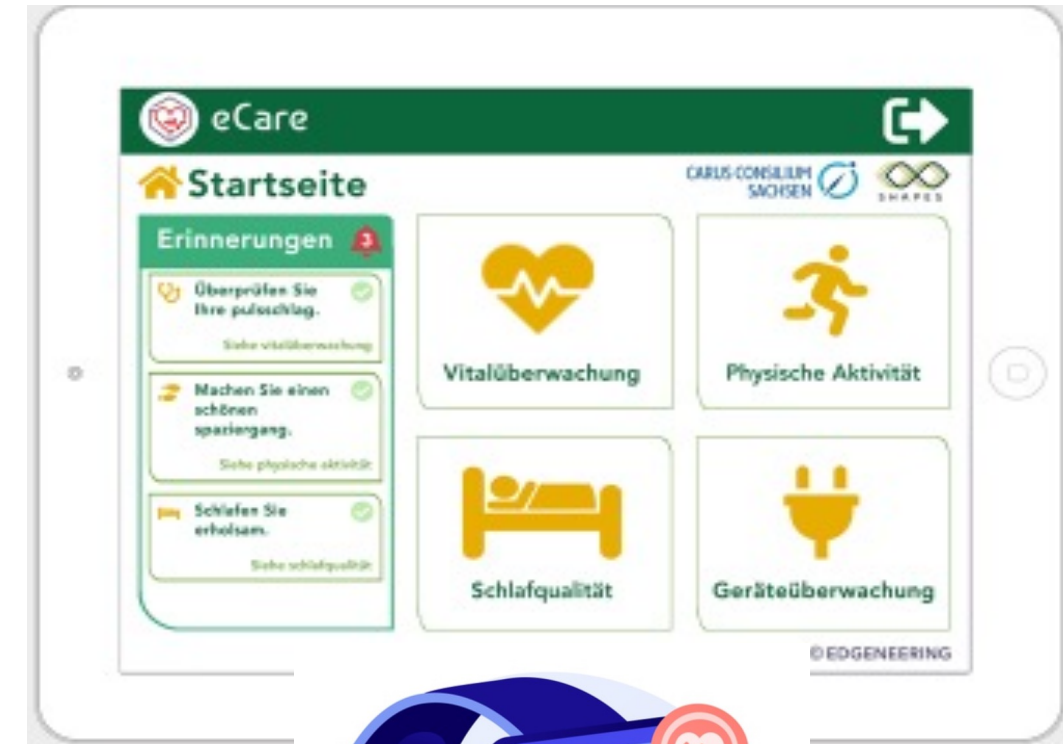


**Reminder &
Recommendation**





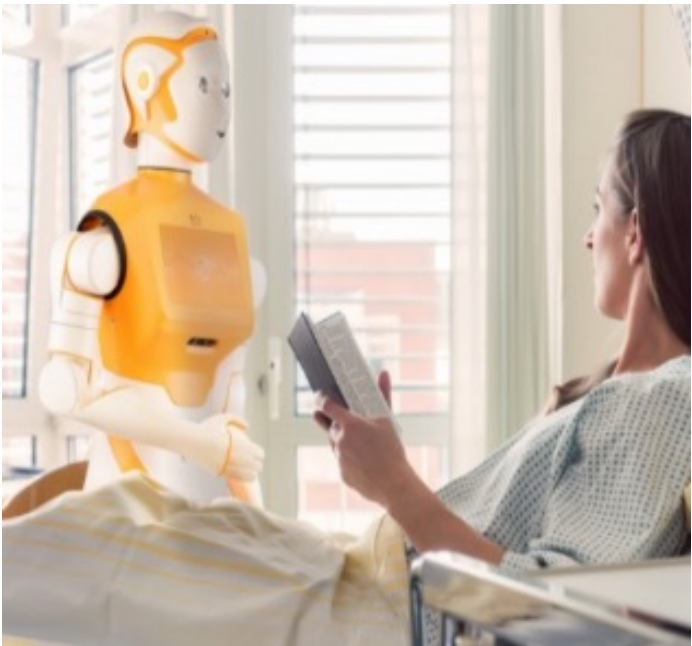
SHAPES Use Case: Smart Living Environment for Healthy Ageing at Home



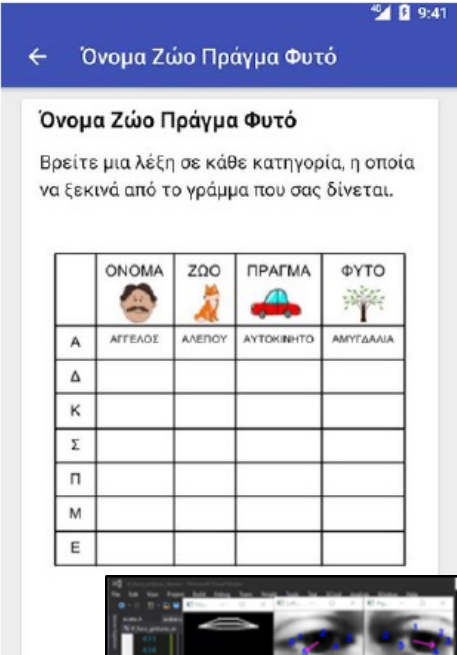
Picture created by
vectorjuice
(www.freepik.com)



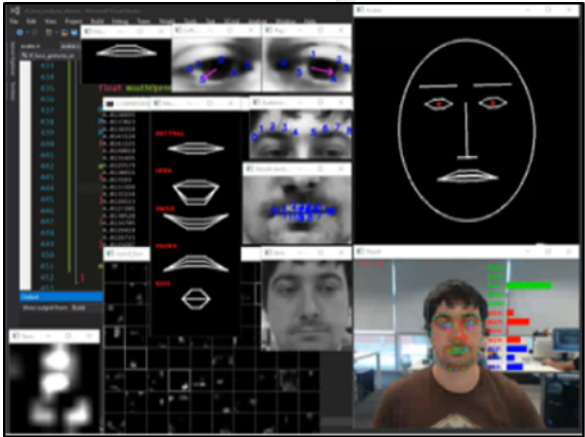
SHAPES Use Case: Psycho-social and Cognitive Stimulation Promoting Wellbeing



DiAnoia



Memor-I



Sentiment analysis by facial expression classification





In a nutshell: What is the objective of SHAPES?



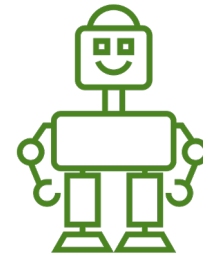
Promote healthy and active ageing



Support independent living at home



User-centred solutions: listen to the needs of older people and their carers



Innovative digital solutions (robotic, ehealth sensors, IoT enabled devices, mobile apps)



Build and deploy a large-scale, EU-standardised open platform

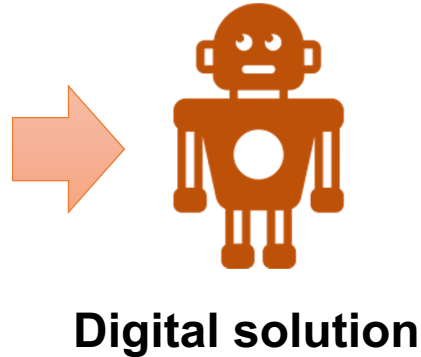


Promote the development of new sustainable standards of integrated care for older individuals



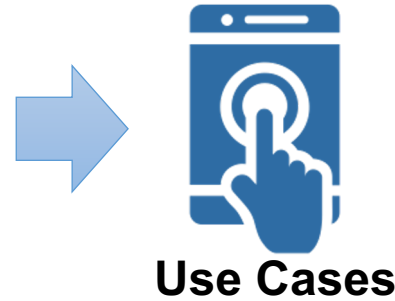
Pilot campaign: testing the SHAPES solution

**SHAPES
technologists,
engineers**



Digital solution

**SHAPES pilot
sites**



Use Cases

**Feedback
by user**



Mock-ups

**Feedback
by user**



**Prototype
testing**



**Pilots in real
life setting**

**SHAPES social
scientists,
anthropologists,
psychologists**



Personas



User Stories

Thank you for your attention!



S H A P E S

Dr. Sonja Grigoleit
Fraunhofer Institute for Technological
Trend Analysis
sonja.grigoleit@int.fraunhofer.de
Tel. +49-2251-18309